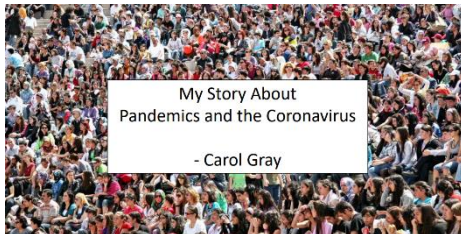


## Post-primary Teachers Supporting Students with Autism

Post-primary students with Autism may have many questions and concerns around the Covid-19 pandemic. Below are some online websites, resources and apps to help teachers to support their students. Many have been developed specifically in response to Covid-19 while others may be useful for study at home as well as for self-regulation and wellbeing.

### Social Story

A Carol Gray Social story explaining the coronavirus with clear visuals and details about what a virus is, handwashing and what is happening in the world.



<https://carolgraysocialstories.com/wp-content/uploads/2020/03/Pandemics-and-the-Coronavirus.pdf>

### Setting Up a Structured Environment

Information on the TEACCH Autism Programme including the principles of using structured, visual teaching approaches. There are also links to examples.



<http://best-practice.middletownautism.com/approaches-of-intervention/the-teacch-autism-programme/>

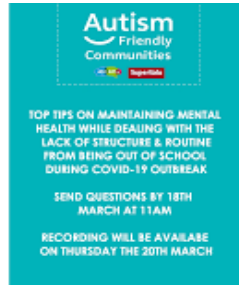
The UNC Frank Porter Graham Child Development Institute Autism Team has created a comprehensive PDF documents with lots of information and printable resources including for structures and routines, schedules and task analysis.



<https://afirm.fpg.unc.edu/sites/afirm.fpg.unc.edu/files/covid-resources/Supporting%20Individuals%20with%20Autism%20through%20Uncertain%20Times%20Full%20Packet.pdf#page30>

### ASIAM Webinar – Covid-19 and Change

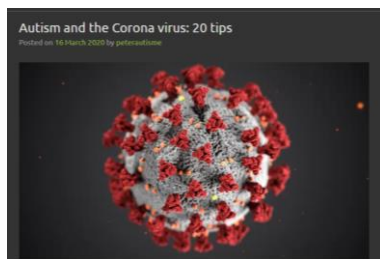
Michael Ryan (Counsellor and Psychotherapist) and Dr Alison Doyle (Educational Psychologist) provide advice to the autism community on coping with social distancing and isolation measures during COVID-19.



<https://www.youtube.com/watch?v=fsEAVPkAfng>

### Peter Vermeulen – 20 Tips for students with Autism during the Corona Virus

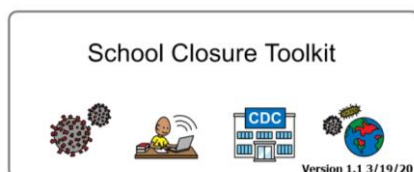
Dr Peter Vermeulen is an autism consultant, lecturer and trainer at Autisme Centraal in Belgium. Here he shares some tips to get through these difficult times if you have autism or if you are a parent of a child on the spectrum.



<https://petervermeulenblog.wordpress.com/2020/03/16/autism-and-the-corona-virus-20-tips/>

### School Closure Resources for Children with Autism

A PDF document with information and resources for setting up a structured environment. It contains lots of printable resources such as token boards, visuals for schedules and 'To-Do' lists.



[https://qrcgcustomers.s3-eu-west-1.amazonaws.com/account4876975/6552095\\_2.pdf?0.11589340381807767](https://qrcgcustomers.s3-eu-west-1.amazonaws.com/account4876975/6552095_2.pdf?0.11589340381807767)

Khan Academy is a non-profit organisation provides free educational resources and daily live streams for students, parents and teachers.



<https://khanacademy.zendesk.com/hc/en-us/articles/360040167432-How-can-Khan-Academy-be-used-for-remote-learning-during-school-closures->

### Post-Primary Resources for Gifted Students

GiftedKids.ie is a website dedicated to gathering and sharing resources for exceptionally able students. They have a section for gifted teen where they share many resources suitable for post-primary age students.



Creative Links:

<http://www.giftedkids.ie/teencreative.html>

Online Resources for Gifted Teens:

<http://www.giftedkids.ie/teenresources.html>

Books for Gifted Teens:

<http://www.giftedkids.ie/teensbooks.html>

Resources for Teachers to use with Gifted Teens:

<http://www.giftedkids.ie/teachersresources.html>

### GeoGebra Maths Academy

This is a free online math tool for study in areas such as graphing, geometry, 3D and many others.



<https://www.geogebra.org/>

## Social Thinking Online Social Skills Resources

Online training video courses explore all aspects of developing social competencies including self-regulation, executive functioning and social problem-solving abilities.



<https://www.socialthinking.com/elearning>

## Videos and Worksheets for Social Skills

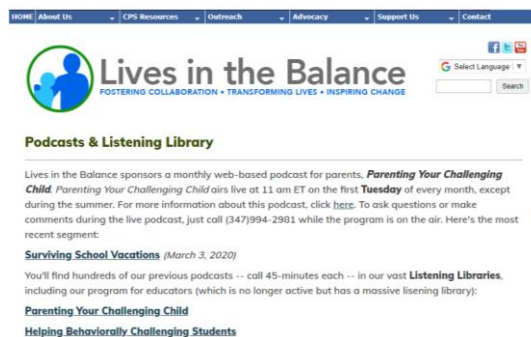
Everyday speech is a curriculum designed to teach social skills to children through videos, games and activities. Users can share material with parents free of charge until July 1<sup>st</sup> 2020



[www.everydayspeech.com](http://www.everydayspeech.com)

## Self-Regulation Resources

Lives in the Balance aims to provide accessible resources and programmes to caregivers of children with behaviours of concern. They provide podcasts and a listening library with lots of information and support in relation to behaviour.



<https://www.livesinthebalance.org/radio-programs>

The Zones of Regulation is a concept to foster self-regulation and emotional control. Their website is now offering resources and ideas to support distance learning during Covid-19.



<http://www.zonesofregulation.com/index.html>

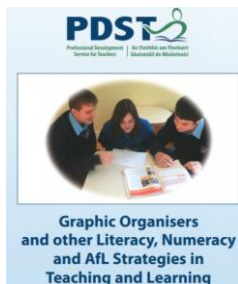
The Incredible 5-Point Scale shares downloadable and example scales to help teach social and emotional concepts to individuals on the autism spectrum.

5	I AM GOING TO EXPLODE!!!
4	I AM GETTING ANGRY
3	I AM A LITTLE NERVOUS
2	FEELING OK
1	CALM AND RELAXED

<https://www.5pointscale.com/scales.html>

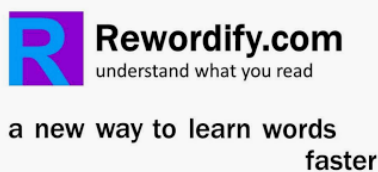
### Literacy Resources

This PDST document gives comprehensive information and templates of Graphic Organisers and other strategies to help provide students with a visual method of developing, organising and summarising their learning.



<https://www.pdst.ie/sites/default/files/PDST%20GRAPHIC%20ORGANISER%20ENG%20FINAL.pdf>

Rewordify.com is online software to help simplify English text by pasting a selection into space provided and generating an alternative, simpler version. It can help comprehension and build vocabulary



<https://rewordify.com/>

NEPS document for Effective Interventions for Struggling Readers has a wealth of information and strategies in relation to literacy for example Reading Buddies, Literacy Diet and Assessment and Measuring Progress.



[https://www.education.ie/en/Education-Staff/Information/NEPS-Literacy-Resource/neps\\_literacy\\_good\\_practice\\_guide.pdf](https://www.education.ie/en/Education-Staff/Information/NEPS-Literacy-Resource/neps_literacy_good_practice_guide.pdf)

Special Needs Information Press (SNIP) was a twelve page monthly newsletter that was published for more than twenty years. It is now possible to search the back catalogue. Here are links to their literacy programme.



[http://www.snip-newsletter.co.uk/pdfs/downloads/literacy\\_programme\\_1.pdf](http://www.snip-newsletter.co.uk/pdfs/downloads/literacy_programme_1.pdf)  
[http://www.snip-newsletter.co.uk/pdfs/downloads/literacy\\_programme\\_part\\_2.pdf](http://www.snip-newsletter.co.uk/pdfs/downloads/literacy_programme_part_2.pdf)  
[http://www.snip-newsletter.co.uk/pdfs/downloads/literacy\\_programme\\_part\\_3.pdf](http://www.snip-newsletter.co.uk/pdfs/downloads/literacy_programme_part_3.pdf)  
[http://www.snip-newsletter.co.uk/pdfs/downloads/SNIP\\_Literacy\\_programme\\_Part\\_4\\_website\\_.pdf](http://www.snip-newsletter.co.uk/pdfs/downloads/SNIP_Literacy_programme_Part_4_website_.pdf)

### Mental Health and Wellbeing Resources

CORC (Child Outcomes Research Consortium) aim to bring together the people who provide mental health support, the people who use it, and the people who research it. This page provides some useful resources and supports for students.



<https://www.corc.uk.net/for-young-people/>

Middletown Centre for Autism has information and links in relation to emotional wellbeing in a number of areas including anxiety, mental health and depression.



<http://teenage-resource.middletownautism.com/teenage-issues-and-strategies/emotional-wellbeing/>

<http://best-practice.middletownautism.com/links-and-resources/videos/>