Clapping Games

The benefits of clapping games:

Apart from clapping games being great fun and offering the opportunity to socialise with family members during the school closure, they also develop foundational motor skills that will benefit children from years to come.

Research shows us that clapping games can help to develop:

- Motor planning.
- Encouraging children to cross the mid-line.
- Sequencing.
- Bi-lateral co-ordination.
- Visual tracking.
- Language and communication.

So why not take a few minutes, revisit your childhood and explore some of the links below with your child. Have fun!!

| Mary Mack | Miss Mary Mack Mack Mack Mack
| All dressed in black, black, black
| With silver buttons, buttons, buttons
| All down her back, back, back.
| She asked her mother, mother, mother
| For 50 cents, cents, cents
| To see the elephants, elephants, elephants
| Jump over the fence, fence, fence.
| They jumped so high, high, high
| They reached the sky, sky, sky
| And they didn’t come back, back, back
| ‘Til the 4th of July, ly, ly!
| [https://youtu.be/PwTxVe0FoAg](https://youtu.be/PwTxVe0FoAg) |

| A Sailor Went To Sea | A sailor went to sea, sea, sea,
| To see what he could see, see, see.
| But all that he could see, see, see
| Was the bottom of the deep blue sea, sea, sea.
| A sailor went to chop, chop, chop,
| To see what he could chop, chop, chop.
| But all that he could chop, chop, chop
| Was the bottom of the deep blue chop, chop, chop.
| A sailor went to knee, knee, knee,
| To see what he could knee, knee, knee,
<p>| <a href="https://www.youtube.com/watch?v=eTlKRaiYYxM">https://www.youtube.com/watch?v=eTlKRaiYYxM</a> |</p>
<table>
<thead>
<tr>
<th>Song</th>
<th>Lyrics</th>
<th>Video</th>
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<td><strong>But all that he could knee, knee, knee,</strong>&lt;br&gt;<strong>Was the bottom of the deep blue knee,</strong>&lt;br&gt;<strong>knee, knee.</strong>&lt;br&gt;A sailor went to sea, chop, knee,&lt;br&gt;To see what he could sea, chop, knee,&lt;br&gt;But all that he could sea, chop, knee,&lt;br&gt;<strong>Was the bottom of the deep blue sea,</strong>&lt;br&gt;<strong>chop, knee.</strong></td>
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<td><a href="https://www.youtube.com/watch?v=yULp0Vnzblc">https://www.youtube.com/watch?v=yULp0Vnzblc</a></td>
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<td><strong>Patty Cake Song</strong></td>
<td>Pat-a-cake, pat-a-cake baker’s man&lt;br&gt;Bake me a cake as fast as you can&lt;br&gt;Prick it and pat it and mark it with a &quot;b&quot;&lt;br&gt;And put it in the oven for Billy and me</td>
<td><a href="https://www.youtube.com/watch?v=bTR8seixlys">https://www.youtube.com/watch?v=bTR8seixlys</a></td>
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<td><strong>Double, Double</strong></td>
<td>Double double this this&lt;br&gt;Double double that that&lt;br&gt;Double this, double that&lt;br&gt;Double double this that.</td>
<td><a href="https://youtu.be/GyeE70xM98M">https://youtu.be/GyeE70xM98M</a></td>
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<td><strong>Say, Say, Oh Playmate</strong></td>
<td>Say, say, oh playmate.&lt;br&gt;Come out and play with me.&lt;br&gt;Bring out your dollies three.&lt;br&gt;Climb up my apple tree.&lt;br&gt;Slide down my rainbow,&lt;br&gt;Into my cellar door.&lt;br&gt;And we’ll be jolly friends,&lt;br&gt;Forevermore, one, two, three, four!&lt;br&gt;(Clap both hands straight across with partner when counting.)&lt;br&gt;Say, say, oh playmate.&lt;br&gt;I cannot play today.&lt;br&gt;My dollies have the flu.&lt;br&gt;Boo hoo hoo hoo hoo hoo (cry, rub eyes)&lt;br&gt;My apple tree is dead.&lt;br&gt;My rainbow’s gone away.&lt;br&gt;My cellar door is locked.&lt;br&gt;Forevermore, one, two, three, four!&lt;br&gt;(Clap both hands straight across with partner when counting.)</td>
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<td><strong>Lemonade crunchy ice</strong></td>
<td>Lemonade, crunchy ice,&lt;br&gt;Sip it once. (Up Down Clap)&lt;br&gt;Sip it twice. (Up Down Clap)&lt;br&gt;Lemonade, (Up Down Clap)&lt;br&gt;Crunchy Ice, (Up Down Clap)&lt;br&gt;Made it once. (Up Down Clap)&lt;br&gt;Made it twice. (Up Down Clap)&lt;br&gt;Turn around, (Turn around)&lt;br&gt;Touch the ground, (Touch the ground)</td>
<td><a href="https://youtu.be/qtUq4htIYOI">https://youtu.be/qtUq4htIYOI</a></td>
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<td>Kick your boyfriend out of town! Freeze</td>
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<td><strong>Down, Down, Baby</strong> Down, down baby, down by the roller coaster. Sweet, sweet baby, I’ll never let you go. Shimmy, shimmy, cocoa pop, shimmy, shimmy, pow! Shimmy, shimmy, cocoa pop, shimmy, shimmy, pow! Grandma, Grandma, sick in bed. She called the doctor and the doctor said. Let’s get the rhythm of the head, ding-dong. Let’s get the rhythm of the head, ding-dong. Let’s get the rhythm of the hands <em>clap clap</em> Let’s get the rhythm of the hands <em>clap clap</em> Let’s get the rhythm of the feet <em>stomp stomp</em> Let’s get the rhythm of the feet <em>stomp stomp</em> Let’s get the rhythm of the hot dog. Let’s get the rhythm of the hot dog. Put it all together and what do you get? Ding-dong <em>clap clap</em> <em>stomp stomp</em> hot dog Put it all backwards and what do you get? Hot dog <em>stomp stomp</em> <em>clap clap</em> ding-dong!</td>
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