

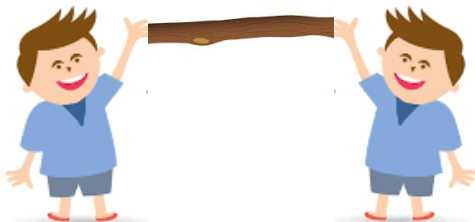

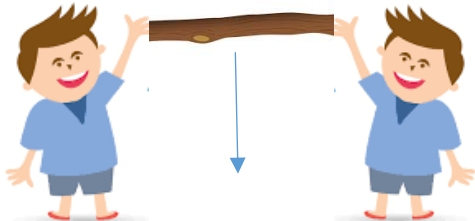
## Limbo

You need very little to enjoy this simple game and it's a great way to get your body moving if you've been sitting for a long time!

What you need:

<p>At least 3 players</p> 	<p>A long stick or rod</p> 
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How to play:

<p>1. 2 players hold the stick up high.</p>	
<p>2. The 3<sup>rd</sup> player walks under the stick, careful not to touch it.</p>	
<p>3. The two players holding the stick bring the stick a little lower each time. The 3<sup>rd</sup> player has to go under the stick without touching it and without touching their hands off the ground.</p>	
<p>4. When the 3<sup>rd</sup> player touches off the stick, it's another player's turn to go under.</p>	