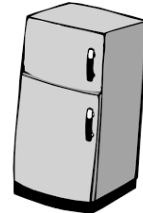


## Make your own ice-cream

- 1) You will need a large bowl, a can of condensed milk, 500mls cream, 1tsp of vanilla extract, a whisk and a freezer



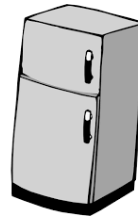
- 2) First pour the cream and vanilla essence into a large bowl. Add the vanilla extract and the condensed milk. Whisk with a hand whisk or an electrical whisk for a few minutes to ensure that all the mixture is evenly mixed together.



3) Pour the mixture into a large sealable container



4) Then put the mixture into the freezer to freeze before eating



5) Enjoy the ice-cream

