

Schedules

Change

- Routine can be very important for individuals with ASD. A visual schedule can greatly help a child understand what is happening throughout the day. A schedule can be made in a variety of ways
- To help a child understand change a nice way of introducing change into the routine is by using a question mark card using the symbol- ?
- It is important to make sure that the change card represents an activity which the child likes so that the child accepts the change happily and learns to understand the concept of change in our daily routine

An Object Schedule

- 1) An object schedule using symbols can help younger children understand what is coming next. The second schedule on the right introducing the change card.



A Picture Schedule

2) A Picture Schedule and a schedule introducing the change card

