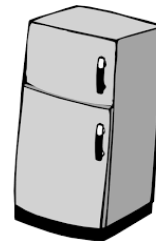
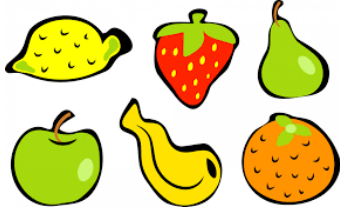
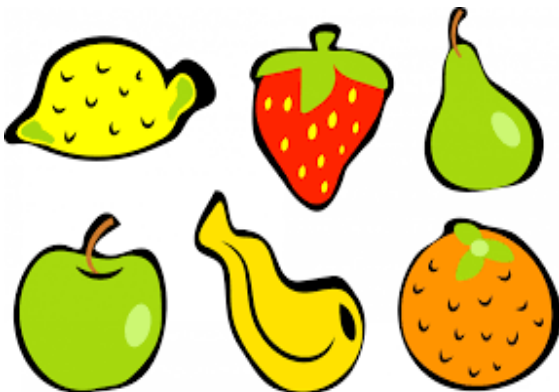


Summer Ice pops

1) To begin you need some fruit, yogurt, a blender, a spoon, icepop moulds and a freezer



2) Chop up fruit and mix it into the yogurt



3) Then put the yogurt and fruit into a blender to mix well



4) Turn off the blender and scoop the yogurt mix into the icepop moulds using a spoon



5) Put the icepop moulds into the freezer to freeze before eating

