

Apps to support transition

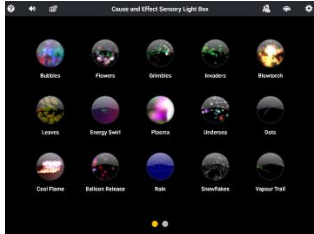
Transitioning can be stressful for some children. The app presented here may go some way to alleviate anxiety during difficult times of change.

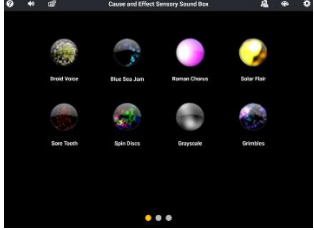
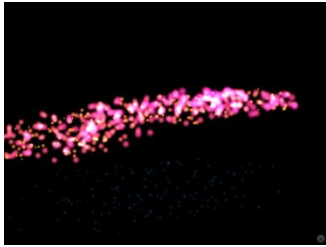
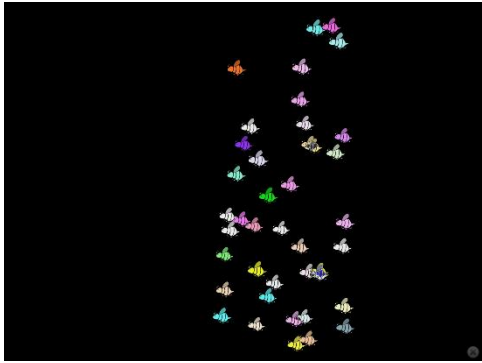
Sensory Light Box and Sensory Sound Box are available as a bundle from both the app store and from google play.

Also worth considering are some of the other featured apps. You can click on the links to see the previous step by step guide to using them!

- “Our Story” – to create picture stories with voice and text about the new surroundings : <https://ncse.ie/wp-content/uploads/2020/04/Using-the-%E2%80%9COur-Story%E2%80%9D-app-to-Support-Home-Learning-with-Gardening.pdf>
- “Kahoot” – to make a quiz about details which are involved such as names of new people, rules etc, places <https://ncse.ie/wp-content/uploads/2020/05/Science-and-Kahoot-App.pdf>
- “Pages” – to put the child’s thoughts down on paper using voice dictation <https://ncse.ie/wp-content/uploads/2020/05/Writing-and-Communicating-with-Pages-App.pdf>

Follow the steps below to have some fun with light and sound.

<p>Step 1</p> <p>2 Apps in This Bundle</p> <div data-bbox="279 1435 371 1529"> </div> <p>Sensory Light Box Cause and Effect Skills</p> <hr/> <div data-bbox="279 1559 371 1653"> </div> <p>Sensory Sound Box Cause and Effect Skills</p>	<ul style="list-style-type: none"> • You can choose whichever of the two apps in the bundle that are most appropriate.
<p>Step 2</p> 	<ul style="list-style-type: none"> • In Light Box there is a choice of 30 activities which cause the screen to light up and for an effect to be caused by a finger swipe.

	<ul style="list-style-type: none"> • Sound Box has a choice of 24 sound screens which also react to a swipe. • Try making shapes, letter shapes, writing names etc. Watch, listen and have fun
	<ul style="list-style-type: none"> • Make a comet blaze across the screen (with sounds, even though it's from Light Box_
	<ul style="list-style-type: none"> • Watch funny things appear on screen